

# OUTREACH IN DECEMBER

## Bergthal Playgroup

Tuesdays

Bergthal Mennonite Church

Bergthal Rd @ TWP Rd 310

10:00 am - 12:00 pm

## Dog Pound Playgroup

Wednesdays

Dog Pound Community Hall

TWP Rd 292 @ RR 40

9:30 am - 11:30 am

## New Parent Wellness Group

Mondays 12:30 pm - 2:30 pm

At Carstairs Parent LINK Centre

Register with Deb

## The Baby Bunch

11:00 am - 12:00 pm

at Carstairs Parent LINK Centre

Monday Dec. 3: Infant Massage

Monday Dec. 10: Infant Massage

Monday Dec. 17: Infant Massage

10:00 am - 12:00 pm

at Olds Parent LINK Centre

Thursday Dec. 6: Nutritionist

Thursday Dec. 13: Speech

Thursday Dec. 20: Sleep

Register with Deb



## Welcome to Parenthood

- Provides you @ your mentor information about the care @ development of infants
- Gives you hands-on resources/information
- You receive FREE gifts @ supplies for yourself @ baby

Deb G 403.586.1340

earlylearning@mountainviewparentlink.org